



# LBS – Plants: Sowing Seeds

<b>SUBJECT</b>	<b>TEACHER</b>	<b>CREDITS</b>	<b>DATE</b>
Land Based Studies	Angela Farmer/ Jacqui Stone	2	Online/flexible

## OVERVIEW

Be able to assist with preparing to propagate plants from seed

<b>PHASES</b>	<b>TEACHER GUIDE</b>	<b>STUDENT GUIDE</b>
<b>OBJECTIVES</b>	1.5 Prepare and maintain the necessary equipment and materials for the work being undertaken 1.6 Sow seed: use and collection of seeds; preparation of an open ground site; preparation of containers and media; depth, spacing; labelling; watering; correct germination environment; hygiene; immediate aftercare; health and safety; risk assessment 2.2 Use equipment and materials in a safe and correct manner 2.3 Sow seed evenly and in accordance with instructions 2.4 Provide aftercare in accordance with instructions	Video – YouTube: <a href="https://youtu.be/L_OS kXqJiK0">https://youtu.be/L_OS kXqJiK0</a>
<b>INFORMATION</b>	Sow seed: use and collection of seeds; preparation of an open ground site; preparation of containers and media; depth, spacing; labelling; watering; correct germination environment; hygiene; immediate aftercare; health and safety; risk assessment	
<b>VERIFICATION</b>	Land Based Studies Course – Assist with the Propagation of Plants from Seed  Unit reference number: D/502/4017	

**PHASES****TEACHER GUIDE****STUDENT GUIDE**

<b>ACTIVITY</b>		
<b>SUMMARY</b>	<p><b>Planting seeds . . .</b></p> <ul style="list-style-type: none"> <li>• You can often pick up seeds cheap from B&amp;Q or free with magazines etc</li> <li>• You can use any pot but must have drainage holes in the bottom</li> <li>• If using a large pot, line the bottom of the pot with broken pot, brick or polystyrene (avoid concrete)</li> <li>• This ensure the roots aren't waterlogged</li> <li>• Top up with multipurpose compost</li> <li>• Plant the seeds or bulbs and cover with compost</li> <li>• It's a good tip to add seeds over a number of weeks (successional planting) to spread your harvest</li> <li>• Water well and put the pot in the sun on your balcony, windowsill or garden</li> <li>• Radish are a simple way to start and you should get your first harvest in 6 – 8 weeks</li> </ul>	