



LBS – Plants: Sowing Herb Seeds

SUBJECT	TEACHER	CREDITS	DATE
Land Based Studies	Angela Farmer/ Jacqui Stone	2	Online/flexible

OVERVIEW

Be able to assist with preparing to propagate plants from seed

PHASES

TEACHER GUIDE

STUDENT GUIDE

PHASES	TEACHER GUIDE	STUDENT GUIDE
OBJECTIVES	1.5 Prepare and maintain the necessary equipment and materials for the work being undertaken 1.6 Sow seed: use and collection of seeds; preparation of an open ground site; preparation of containers and media; depth, spacing; labelling; watering; correct germination environment; hygiene; immediate aftercare; health and safety; risk assessment 2.2 Use equipment and materials in a safe and correct manner 2.3 Sow seed evenly and in accordance with instructions 2.4 Provide aftercare in accordance with instructions	Video – YouTube: https://youtu.be/TqwwaB8iXyW
INFORMATION	Sow seed: use and collection of seeds; preparation of an open ground site; preparation of containers and media; depth, spacing; labelling; watering; correct germination environment; hygiene; immediate aftercare; health and safety; risk assessment	
VERIFICATION	Land Based Studies Course – Assist with the Propagation of Plants from Seed Unit reference number: D/502/4017	

PHASES**TEACHER GUIDE****STUDENT GUIDE**

ACTIVITY	TEACHER GUIDE	STUDENT GUIDE
<p>SUMMARY</p>	<p>Growing Herbs – Part 1: Sowing seeds . . .</p> <p>In the first of three videos on growing herbs:</p> <ul style="list-style-type: none"> • Angela showed us how to sow seeds Coriander and Thyme can be sown directly in the garden, but we start them in seed trays, so they are protected from animals • If you sow in the garden you can cover with net or cloches made of plastic bottles • Fill the tray with compost or good soil just below the top of the tray • Compress and pre-water Sprinkle the seeds thinly to reduce the need to thin out • Cover lightly with compost. You should sieve it but can sprinkle with your hands breaking up any lumps • Label with name and date Water regularly but gently and the seedlings should appear in a couple of weeks • Check out Part 2 on growing herbs from cuttings 	<p>See You tube video for instructions</p> <p>To take a photo or video if possible of the activity and email/what's app/text through to info@abbertonruraltraining.org or through to your tutor to gain credit</p>