



LBS – Plants: Carry Out Planting - Lettuces

SUBJECT	TEACHER	CREDITS	DATE
Land Based Studies	Jacqui Stone	1	Online/flexible

OVERVIEW

Be able to assist with carrying out planting

PHASES	TEACHER GUIDE	STUDENT GUIDE
OBJECTIVES	1.5 Carry out planting as instructed 1.6 Position the plants at the correct spacing, depth and orientation according to instructions 2.2 Provide support, shelter or mulching as necessary and carry out plant labelling as instructed 2.3 Provide the plants with necessary moisture	Video – YouTube: https://www.youtube.com/watch?v=U08ki3LpBR8
INFORMATION	Carrying out planting: reasons for planting at the correct depth or to the nursery line if plants have previously been lifted; correct firming in of the medium to ensure root contact with the new growing position; correct spacing of plants if mass planting is taking place Providing plants with Support, Shelter and Water	Video – YouTube: https://www.youtube.com/watch?v=U08ki3LpBR8
VERIFICATION	Land Based Studies Course – Assist with Planting and Establishing Plants Unit reference number: F/502/4088	

PHASES**TEACHER GUIDE****STUDENT GUIDE**

ACTIVITY	To transplant, or pot out, a vegetable or other plant with a root ball. Can be any sort of plant – must be in a pot or similar container prior to planting out. Must be firmed down, to have the root ball in contact with the soil or compost, and must be watered in well. Protect and support as necessary	See You tube video for instructions To take a photo or video if possible of the activity and email/what’s app/text through to info@abbertonruraltraining.org or through to your tutor to gain credit
SUMMARY	<p>Planting Lettuce . . .</p> <ul style="list-style-type: none"> • Lettuce is an easy vegetable to grow at home. This variety is “Webbs Wonder”, which is especially good as you can pick a few leaves and leave the rest growing • These have been grown from seed in a greenhouse and were ready to be planted out. We’ll show you how to grow from seed in another video, which is perfect for your windowsill • Dig a small hole with a trowel, just deep enough for the root ball • Squeeze the plant out of its pot and place the seed ball in the earth • Push back a small mound, ensuring not to cover the leaves and firm down gently • Water in well • If you have wildlife around that may eat them, it’s worth covering with net or clear plastic 	